



ADVANCED UPRT acc. to **FCL.745.A**

CONTENT / AIM OF THE COURSE

- # to understand how to cope with physiological and psychological aspects of dynamic upsets in AC
- # to develop the competence and resilience to apply recovery techniques during upsets
- # to employ recovery techniques suitable for the AC used for training
- # to minimize the risks associated with possible negative transfer of training

DURATION

- # 5 hrs theory (CBT) and 3 hrs Blocktime on AC (Super Decathlon / Extra 330 LX)

TRAINING BASE

- #LKHS / LKCZ (CZ) – LOLS (AT) – EDME (D)

PRE ENTRY REQUIREMENTS

- # PPL (A) or integrated ATPL Course
- # at least a valid Class 2 Medical

CERTIFICATION

- # Certificate of successful Completion

TIME SCHEDULE 2022 - individual appointments possible

13.-14.7. LKHS //19. – 22. 7 LKHS // 28.-30.7. LOLS// 9. – 13. 8. LKHS // 30. 8. – 1.9. LKHS// 22. – 25.9. LKHS// 12. – 15. 10. LKHS // 27. – 29. 10. LOLS etc

RATES

- # DEC – on Super Decathlon: 2.950,- € incl VAT (W & B max 92 kg)
- # EXTRA – on Extra 330 LX: 3.950,- € incl. VAT (W & B max 97 kg/200 cm height)